



GREENFIELD ELEMENTARY SCHOOL

WEEKLY PARENT NOTICE



April 28, 2017

Phone: 685-5400

Monday, May 1	Tuesday, May 2	Wednesday, May 3	Thursday, May 4	Friday, May 5
Professional Development Day - No School for Students	Running Club (Grades 2-6 students)	After School Activity 2:15 - 3:15 pm GSS, 6:30 pm	Grade 3 Students - Swim to Survive Program Gymnastics 2:15 pm	Books Orders Due Stoup (free lunch)

Upcoming Dates

- May 4 Swim to Survive Program, Grade 3 Students
- May 5 Book Orders Due
- May 10 CLT, dismissal at 12:45 pm
- May 11 Swim to Survive Program, Grade 3 Students
- May 11 Jump Rope for Heart Kick Off, 1:15 - 2 pm
- May 18 Swim to Survive Program, Grade 3 Students
- May 18 Jump Rope for Heart, 1 - 2 pm
- May 22 Victoria Day, No School for Students
- May 31 CLT, dismissal at 12:45 pm
- June 2 Book Orders Due
- June 10 Fun Fair, 11 am to 1 pm
- June 13 SAC Meeting, 2:30 pm
- June 19 Iris Ensemble, 1 pm
- June 27-29 Marking Days, No School for Students
- June 30 Last Day of School

Breakfast Program


Thank you to Dianne Simpson for making cinnamon rolls for our school. Also, thank you to Stewie's for donating muffins. They were delicious.

Thank You

Thank you to Rayna and her family for donating yummy cupcakes. The students enjoyed them.

Spring Into Spring - West Northfield Elementary School

Spring into Spring at West Northfield Elementary School for our annual MAY DAY EXTRAVAGANZA! May 6 from 10 am to 1 pm. All aboard for rides on the Lions Train! Cake walk, bake sale, penny auction, yard sale items, and games of chance. Win an Ipad! Fun for the whole family! Hope to see you there!



Earth Day Clean-up

Thank you to all the volunteers who helped our staff and students clean up the community on Earth Day. Every little bit helps!

Pickleball

Thank you to Jan Waterman for her dedication to volunteering to teach Pickleball. The students truly enjoyed it.

Running Club

Activity release forms have gone home with students regarding Running Club practice. There will be another activity release form sent home at the practice for the Cross Country meets. Please sign and return them to the school with your student. Please note you must bring outdoor running shoes to participate. Thank you to Ms. Nauss and Mr. Snyder for organizing this activity.

School Trip to Discovery Centre - Friday, April 21

Our students travelled to Halifax to visit the Discovery Centre last Friday. They had a wonderful trip. Our students are so fortunate.

CLT- Embedded Time Days

Be sure to record dates of the CLT day schedule. The dismissal time is 12:45 pm. Two new computer programs were researched to use in the classroom for mental math subtraction activities. The programs are called Kahoot.it and Socrative.com. The students are able to create and solve their own mental math problems on Kahoot. Our next scheduled date is Wednesday, May 10.

Swim to Survive Program for Grade 3 Students

We are desperately looking for a volunteer to supervise the students as they travel on the bus. This individual must have all checks completed. The Grade 3 Students will be participating in the Swim to Survive Program at the LCLC. The dates they are traveling to Bridgewater are Thursday, May 4, 11 and 18. The students will be picked up at the school at 9:15 am. They will arrive at the LCLC shortly before 10 am, have snack, change and then swim from 10:15 to 11:15 am. They will leave at 11:30 am and be dropped off at the school at 12 pm.

Parent Session on Interoception

Interoception is an extremely important sensory system that helps us to 'feel' the internal signals within our body. For example, the interoceptive system helps us feel internal states including: hunger, thirst, needing the bathroom, pain, body temperature, sexual arousal, heart rate and muscle tension. Additionally, interoception is a key component to our emotional experience. Research indicates that interoception, or our ability to clearly sense body signals, like an increase in heart rate or tingly stomach, enables us to accurately identify, understand and control our emotions. This presentation will provide parents, guardians, family members, and community members a firm understanding of interoception including an overview of what research tells us about interoception, and how to apply this research when developing programming for individuals with ASD, complex needs, and related disorders. Discussion will focus on the link between interoception and many important skill areas including health & wellness, emotion regulation, selfawareness, perspective taking, and flexibility of thought. Many practical, evidence-based strategies for assessing and improving interoception will be shared. Please register with Diana Knock dknock@ssrsb.ca The session is being held at South Shore Regional School Board on Tuesday, May 2 from 6 to 8 pm.